Halting HIV Transmission

■ From 2009-2013, the number of people living with HIV/AIDS in Portage County increased. 
Source: Portage County Community Health Assessment

Goal to End the Epidemic

About 38,000 new Human Immunodeficiency Virus (HIV) infections still occur each year. Ending the HIV Epidemic: A Plan for America was recently proposed to reduce HIV transmission. The goal is to reduce new HIV infections by 90% by 2030. To end transmissions, people should first get tested for HIV so everyone knows whether or not they have it. People with HIV should take HIV medicine every day to control the virus, stay healthy, and effectively have no risk of sexual transmission. People without HIV, but at high risk for it, can take a medicine called PrEP to prevent them from getting HIV from sex when taken as prescribed.

Want to learn more? Source: https://www.cdc.gov/vitalsigns/

PROBLEM

Not enough getting medical care or tested:

■ Too few people with HIV, especially those aged 13-24, get medical care or medicine needed to control the virus.

■ Many untreated infections are from people who don’t know they have HIV. And, not enough people diagnosed with HIV had it under control within 6 months of diagnosis.

WHAT CAN BE DONE?

Everyone can:

■ Talk with your health care provider about HIV prevention and get tested for HIV. Find where you can get tested at: www.cdc.gov/HIVTESTING

■ Stay healthy by taking your medicine as prescribed if you have HIV or are at very high risk; learn more: www.cdc.gov/HIVPrevention-PrEP