What Can Cause an Asthma Attack?

- Tobacco Smoke
- Dust Mites
- Outdoor Air Pollution
- Cockroach Allergens
- Pets
- Mold
- Smoke From Burning Wood or Grass
- Other Triggers: Infections linked to influenza (flu), colds, and respiratory syncytial virus (RSV), sinus infections, allergies, breathing in chemicals, acid reflux, physical exercise, medications, bad weather, cold air, foods, and fragrances.

(Source: Centers for Disease Control, Vital Signs, Asthma http://www.cdc.gov/asthma/faqs.htm)